

LESSON PLAN

JESUS ANSWERS TWO CALLS FOR HELP

Mark 5:21-43

Lesson Memory Verse: Romans 10:13 - "For whosoever shall call upon the name of the Lord shall be saved."

Lesson Aim: Jesus will hear our call for help when we sincerely call upon Him to save us from our sins.

Lesson Plan: Use the KEY – HE – SEE – WE – BE plan (explained in the Introductory Notes).

KEY (for Attention): When we get real sick, we go to the doctor's office. Have any of you been to the doctor's office when you were sick? (Let them tell you what kind of sickness they had.) Sometimes we are so sick that the doctor tells us we must go to the hospital. Have any of you been sent to the hospital for your sickness? (Let them tell why they were in the hospital.) When we go to the doctor, we ask him for his help to make us well again. That is the same reason why we must go to the Lord Jesus. We are sick in our souls from our sins. Our sins are like powerful germs that make us sick. We may not know that we are sick, but God tells us in the Bible that we are sick with our sins. If we die with this sickness, we will go to Hell. The Lord Jesus is the only one who can remove our sins and make us well. We need to call on Him to save us from this sickness. That is what our memory verse is telling us.

HE (for Authority): Our memory verse is Romans 10:13. It tells us that we need to call on the Lord Jesus to save us from Hell so that we can go to Heaven. But we will not call on the Lord until we believe that our sins are so bad that they will most certainly send us to Hell. And we will not call on the Lord Jesus until we believe that He is the only one that can save us from our sins. He is the only one, because died for us on the cross to have the cure to remove our sins. Also He was raised from the dead to have the power to give us eternal life. But it will do us no good to call on the Lord to save us, if we still want to keep our sins. That would be like a person who wants to keep his germs that made him sick. Jesus will save us from this sickness, if we want Him to take away the sins that we have loved. That is the only way He can save us from Hell. We must be ready to turn away from our sins. Then He will hear our call for help and remove our sins that have made our souls sick. If you are ready to let the Lord Jesus take away your sins, you can pray right now and He will heal your soul so you can be saved from your sins and go to Heaven.

Explain these words:

"Whosoever" –means you. You can put your name in the place where "whosoever" appears.

"Call" – to pray, to ask

"Upon the name of the Lord" – to depend on the reputation of the Lord Jesus

"Shall be saved" – Saved from the **penalty** of sin which sends you to Hell; saved from the **power** of sin which makes you a slave to sin; and saved from the **presence** of sin which is all around us in this world. We can be saved from the penalty and power of sin now, but we cannot be saved from the presence of sin until we go to Heaven.

SEE (for Apperception) and WE (for Application): PLEASE do not read these comments until you have read the Scriptures for this lesson. First let the Holy Spirit teach you directly from His Word. In today's story two people ask the Lord for His help. When they trusted Him, He helped them.

I. Two Requests - Mark 5:21-28

A. Bold and Frantic - 5:21-24

Jairus, a ruler of the synagogue, had a daughter, twelve years old, who was dying. When he heard that Jesus was in his city, he found Him and fell at His feet and pleaded with Him to come and heal his daughter. He was beside himself. He desperately needed Jesus to help him. Jesus listened to him and kindly went with him to his home.

WE: When we have problems, we are invited to come to Jesus and ask Him for help. He loves us and will help us with our problems and even remove our sins, if we sincerely believe in His power (Mt 11:28; Heb 4:14-16; 1 Pet 5:7).

B. Bashful and Fearful - 5:24-28

A certain woman was in the same city as Jairus. She had been sick for twelve years and had gone to many doctors to help her, but none were able to heal her. Instead, she got worse. When she heard that

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Jesus was in the city, she found Him going with Jairus to his house, but a great crowd followed Him. She was shy and did not feel worthy to even speak to Jesus in such a crowd. Even so, she believed that He would heal her if only she could touch His clothes. So with this faith in her heart she got as close as she could and she reached out and touched Him.

WE: We need to have faith in Jesus to receive His help, but how much faith do we need to receive His help? The woman had great faith in her heart, but she did not have the courage to show it in a crowd. Maybe we are afraid to come to Him in a crowd, but can we pray to Him in our room. If we believe in His power to help us, He will hear our prayer for help and will kindly give it to us. Jesus loves us and He will help us even though we are shy and bashful.

II. Two Results - Mark 5:29-43

A. Restored Health - 5:29-34

As soon as the sick woman touched Jesus, she was healed. By faith she had touched Jesus and she felt His healing power in her body. She knew she was healed by Jesus, even though she had done it secretly. Jesus knew that someone had touched Him for a special purpose, even though there were all kinds of people touching Him in the crowd. He felt power leave His body and He asked, Who touched my clothes? Jesus knew that there was someone in the crowd who had touched Him for a special purpose. He knew that it had been done with faith, but it had been done secretly. Now He wanted that person to be bold enough to admit it before the crowd. When Jesus looked around, He saw the woman who had touched Him. She was trembling with fear, but came and fell at His feet and told Him all that He wanted to know. Then Jesus kindly said, Daughter, thy faith has made you whole; go in peace.

WE: We can pray secretly and act secretly, but when He answers our prayer, we should tell others openly so they will know what Jesus has done for us. Do it humbly like the woman and give all praise to Him. If you were saved when you prayed alone, do not keep it a secret. Let others know what you did and tell others that Jesus saved you.

B. Resurrected Life - 5:35-43

While Jesus was talking to the woman, a messenger came and told Jairus that it was too late for Jesus to come to his house, because his daughter had already died. But Jesus heard what had been said to Jairus, so He reassured him, Do not be afraid, only believe.. When Jesus came to Jairus' house, the people were crying loudly because of the girl's death. It must have been hard for Jairus to believe the Lord when so many people were crying because of her death. How could Jesus help Jairus now?

When Jesus went into the house, He asked those in the house why they were making such a fuss and said, The girl is not dead, but is sleeping, This would encourage Jairus, but it made the people laughed at Him. He told all of them to leave the house. His three closest disciples remained with Him along with Jairus and his wife. All of them went into the room where the girl was lying. Then Jesus took the girl by the hand and told her to arise. Immediately she rose up, got out of her bed and walked. She was alive again! All those that saw it were amazed. Jesus truly blessed Jairus when he called on Him for help

WE: We have proof in these two true stories that Jesus can help us when we call on Him, We should never think it is too hard for Jesus to answer our prayers. Nothing is too hard for Him! He can do what seems impossible. However, He will not listen to us if we love our sins. We cannot ask for His help when we are sinning against Him (Ps 66:18). We must love Him (abide in Him) and obey His commands (let His words abide in us), if we want to be sure that He will answer our prayers (compare Jn 14:15 with Jn 15:7, 9, 10). When you are not sure how you should pray, learn to say, "Your will be done. Answer my prayer if it is pleases you and do not answer it if you have something better for me." But the one prayer we can be sure He will answer is the prayer to be saved. Have you asked Him to save you?

BE (for Action): Why did the woman need Jesus' help? (She was sick.) The greatest sickness that we have is the sickness of sin. We all have had it; we are born with it, but only those who ask Jesus to save them from their sin are healed of that terrible sickness. Have you been healed of the sickness of sin? Why did Jairus need Jesus' help? (His daughter was about to die.) His daughter did die, but Jesus raised her back to life. Jesus proved He can answer our prayers beyond what we can ask or think (Eph 3:20). Do not lose your faith in Jesus and stop praying; He will answer your prayers, if you love Him and follow His commands. Call on the Lord for the salvation of your family and friends.