

LESSON PLAN

JESUS RISES

John 19:31 – 20:18

Lesson Memory Verse: Romans 10:9 - “**That if you** shall confess with your mouth the Lord Jesus, and **shall believe in your heart that God has raised Him from the dead, you shall be saved.**” (Grades 1-2 memorize what is in **bold**.)

Lesson Aim: Teach the children that in order to be saved they need to believe Jesus was raised from the dead.

Lesson Plan: Use the KEY – HE – SEE – WE – BE plan (explained in the Introductory Notes).

KEY (for Attention): If I were to tell you that next week some religious fanatics were going to kidnap me and kill me and bury me, would you believe me? Then if I told you not to worry because in three days I would be alive and come out of my grave, would you still believe me? If any of you would believe me, you would be wrong, because God has never promised to do this for anyone except for His Son. If I told you things like that, you should not believe me! And as a good Bible teacher, I would never expect you to believe such things.

However, Jesus told His disciples that He would be taken by cruel men, beaten and killed. He also told them that He would rise from the dead in three days. Did His disciples believe Him when He told them these things? (No) Should they have believed Him? (Yes) Why? Because He is God, the Son of God, and they had said that He was God’s Son. Also the Old Testament Scriptures had foretold that Christ was going to die and rise again. Yes, the disciples should have believed that Jesus was going to die, and then rise again, but they did not believe. However, after Jesus rose from the dead, they finally believed that He was truly alive, but it took some time for them to believe it. We will tell you how they came to believe that He was alive.

HE (for Authority): But now I want you to see why it is so important that you believe Jesus rose from the grave and is alive today. Our memory verse will give us the answer. Let us read it on this poster board. (Choose one person to read it while the rest of the class reads it silently. You might want to show them the verse in your Bible, so they will know what is printed on the card came from the Bible.) As we read the verse, be ready to tell me why it is so important that we believe that Jesus rose from the dead.

Words to explain:

“Confess with your mouth” – to tell others that you believe Jesus is the Lord.

“Believe in your heart” - to be certain that Jesus died and rose from the dead to save you.

SEE (for Apperception) and WE (for Application): PLEASE do not read these comments until you have read the Scripture for this lesson. First let the Holy Spirit teach you directly from His Word. In our lesson today we learn more about Jesus’ death, His burial and His resurrection (being raised from the dead).

I. Jesus Was Dead - John 19:31-37

A. Jesus’ legs were not broken. The soldiers broke the legs of the men so they could not escape when they were taken down from their crosses, but not Jesus’ legs; they knew He was dead already.

B. Jesus’ side was pierced with a spear. One of the soldiers put a spear in Jesus’ side up to His heart to make certain that He was dead.

WE: We must believe Jesus died to pay the penalty for our sins before we can be saved.

II. Jesus Was Buried - John 19:38-42

A. Joseph of Arimathea got permission from Pilate to bury the body of Jesus. This took courage because he was a member of the Council that hated Jesus and demanded that Jesus be crucified.

WE: We need to boldly confess that we love Jesus. We prove that we are truly saved when we confess with our mouths that Jesus is our Lord and Savior.

B. Nicodemus brought spices and helped Joseph wind linen strips of cloth with the spices about Jesus’ body. Nicodemus showed he loved Jesus when he did this.

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WE: We need to show our love for Jesus by the things we do to honor Him.

C. Joseph's sepulcher (tomb, grave) near the place where Jesus was crucified is where they laid His dead body. Then they rolled a great stone in front of the door of the tomb (also read Mt 27:51-60).

D. Roman soldiers guarded the tomb so no one could steal Jesus' body and say that He rose from the dead (Mt 27:62-66).

WE: In order to be saved we must believe Jesus died and was buried (1 Cor 15:3-4). Do you really believe that Jesus was buried for three days?

III. Jesus Was Resurrected - John 20:1-18

On the third day after Jesus died, these things happened:

A. Mary Magdalene saw the stone rolled away and thought someone had stolen Jesus' body (John 20:1-2). Instead, it showed that Jesus rose from the dead.

B. Peter and John ran to the tomb and found it empty except for the linen cloths that had been wrapped about Jesus' body. These linen cloth strips showed that Jesus' body had miraculously left the cloth strips without being unwrapped (John 20:3-10). John said he believed that Jesus rose from the dead when he saw these things (John 20:8).

C. Mary Magdalene actually talked to Jesus first after He rose from the dead. She thought He was the gardener when she first talked to Him. She had been weeping and could not see Him clearly, but when He said her name, she knew His voice and knew it was Jesus. She was thrilled that He really was alive. When He left her, she ran to tell the disciples that Jesus was alive.

D. Cleopas and another believer walked with Jesus to Emmaus without knowing who it was until He broke bread with them in their home. Then He vanished out of their sight (Luke 24:13-31).

E. Peter and Jesus met privately sometime during the day (Luke 24:34; 1 Cor 15:5).

F. Ten Disciples had locked the door for fear of the Jews when Jesus suddenly appeared to them. He showed them His hands and His side to prove He was the one who died on the cross, They were glad to see with their own eyes that He was alive (John 20:19-20).

WE: We need to believe the tomb was empty where they had buried Jesus three days earlier. Do you believe that happened? Do you believe Mary talked with Jesus after He arose from the dead? She was excited that Jesus was alive. Are you excited that Jesus is alive? We must really believe He is alive in order to be saved.

BE (for Action): Do you believe Jesus died to pay the penalty for your sins? Do you believe Jesus was buried for three days to prove He had really died? Do you believe Jesus rose again and is still alive to share His life with you so you could live forever? Does your belief in what He has done make you love Him so you want to tell others about Him? If so, you are saved from going to Hell. If not, you probably are not saved yet. You can know all these things about Jesus, but until you love Him for doing these things, you are most likely not saved. When you are saved, your life will change. You will love Jesus and will be proud of Him for what He did for you.

If you want to be saved and your life to be changed, you can receive Jesus as your Lord and Savior today. If you are ready to receive Jesus as your Lord and Savior, I will help you after class is dismissed.

If you are a true believer, be like Mary Magdalene who told the disciples that Jesus was really alive. Are you ready to tell others that He has saved you from going to Hell? Tell them that Jesus invites all people to come to Him and He will save them too. Then they will be able to live in His Kingdom on earth for a thousand years and then live in the New Jerusalem, the beautiful city of gold forever.